

Garden CLIPPINGS

June 2019

Avon-on-the Lake Garden Club

Plant America...Grow Our Future

1930-2019

2018-2019 OFFICERS

Avon-on-the Lake Garden Club

President	Jennifer Fenderbosch
Vice President	Sally Klepper
Treasurer	Jane Kozey
Rec. Secy	Susan Donovan
Cor. Secy	Georganne Wolnowski

Appointed Officers

Advisor	Beth Murphy
Auditor	Pat Kilbane
Holden Forests & Gardens	Marianne Stern
Historian	Nadge Herceg
GCO & NGC	Jennie Jones
Parliamentarian	Lois Davis
Membership	Kathryn Eyring
Publicity	Janet Coffey/Elaine George
Ways & Means	Anita Webb/Judy Kaminsky

Appointed Temporary Officers

Community Council	Jennifer Fenderbosch
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Standing Committee Chairpersons

Awards	Mary Pajak
Benevolence	Georganne Wolnowski
Garden Walks/Adventures	Judy Kaminsky/Elaine George
Horticulture	Anne Lyon
Hostess	Donna Shiley/Barb Fazekas
Inspirational Messenger	Ana Guggenbiller
Mentor	Kathryn Eyring
Newsletter	Nadge Herceg
Telephone Board	Pat Kilbane
Telephone Calling List	Jennifer Fenderbosch
Garden Therapy	Bonnie Armstrong
Website	Sue Jagoda

Civic Interest Gardens

Gazebo	Audrey Roberts/Georganne Wolnowski
Herb Garden	Colleen Wilber
Wildflower	Anita Webb/Beth Murphy
Library Butterfly	Lillian McPherson/Bev Stives
Fence Garden	Jane Kozey/ Diana Wyrock
Beach Park Point	Barbara Nahm/Marianne Stern
Walker Rd. Butterfly	Sally Klepper
Old Firehouse	Jennifer Fenderbosch

Plant America . . . Grow Our Future

President's Message

Jennifer Fenderbosch

June is a transitional month for the ALGC. Snow is behind us. The cool wet spring is hopefully finished. Summer is before us with lush beauty. It is also the last month of our year when we **thank the outgoing Board** and on July 1st **welcome the incoming Board**.

The 2019-2020 theme was **Plant America – Grow our Future**. ALGC has grown in a number of ways. We accomplished the tedious task of researching and adding insurance that included Liability, Directors and Officers Insurance. Membership rose to 73; welcoming two men. By-Law changes were made per requests from IRS and insurance professionals. By-Law changes were made to add consistency to definitions within the document. ALGC continued to support Garden Guru's at the ALPL assisting the Librarian with the Children's Garden. The City approved design plans to move the Monarch Way Station at Miller Road Park to the area north of the Peter Miller house. ALGC is in the mist of revamping the Herb Garden, Fence Garden and seven Wildflower Gardens. The Old Firehouse Pollinator Garden and Outdoor Classroom was installed with help from 43 High School Students and their teacher. NGC's Floral Design class was offered monthly providing class exhibits at the General Membership meetings. Members supported a successful Plant Sale. A Peach tree at the Old Firehouse was named for Arbor Day. Additional gardens were registered with the Monarch Byway. ALGC continued donations to organizations and causes they have supported in the past. ALGC's newsletter continues to inspire. Successful Publicity in local newspapers and on the internet informed the public about ALGC's programs and events. ALGC's website was successfully launched. Through fabulous programs organized by Sally Klepper, VP, ALGC members have become more knowledgeable about succulents, native plants, landscaping birds and

floral design. Over 1200 pounds of food has been donated to Community Resource Services that benefits both Avon and Avon Lake residents in need. Susie Donovan, Recording Secretary coordinated the new pastel hues for our Garden wear. Handsome and lovely we now look like a garden within a garden as we volunteer on the many civic gardens that benefit the community. By the time the newsletter is published we will know which GCO award ALGC was awarded. Until after the GCO Convention, not even I know. These are examples of the many ways that ALGC grew in the last year.

The 2020-2021 theme is **Plant America – Grow our Legacy**. One must ask what is the Legacy of ALGC? What do we convey to others? What contributions do we make to the community that impacts the people we serve? What actions do we carry forward to future generations that brightens their life and makes it more meaningful? To leave a Legacy one dares to be joyful and to serve in ways that brings joy to others.

One small step leads to another. Years ago Pam Hoffmann's President's project was focused on conservation of the Shoreline. The research completed and contacts made for this project grew into the Old Firehouse Pollinator Garden and Outdoor Classroom. The participation by two schools in this project led to the High School greenhouse being offered to the ALGC for our use. Next the ALGC was asked to select flowers for the Avon Lake Boat Club's eight window boxes on Lake Road. The culmination of ALGC's work in the city led to the City considering an ordinance to allow flowers in tree lawns to expand the Pollinator's Pathway... stay tuned for more news to follow. Welcome to our journey for the next year as we continue to **Grow our Legacy**.

Everybody Loves a Deal

Marianne Stern

Thinking of visiting the Cleveland Botanical Garden or Holden Arboretum? Of course, the best saving is to become a member, and you can visit both sites for one member price for an unlimited number of visits in a year. An individual membership is \$65

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but only \$55 if you are 60+. Check out the website cbgarden.org to check out the other levels of membership that suit your needs.

Suppose you are just an occasional visitor and don't want to invest in a membership. You can visit both sites for the Senior Discount on TUESDAYS ONLY for \$5.00 off the adult admission for those 60+. What a deal!

FREE ADMISSION is offered for those who are active duty military and veterans with military ID and their immediate family consisting of one adult admission and two child admissions. Keep this in mind when you have military visitors or possess a military ID yourself for savings!

Holden Forests & Gardens is also part of the Museums for All, a national initiative aimed at providing every child and family access to high-quality museum experiences. They offer \$1 per person admission with the presentation of an Electronic Benefits transfer (EBT) card for the cardholder and their immediate family. This feature does not apply to our garden club members but you may know of families whose financial circumstances does not enable them to access HF&G. It is just nice to know that others less fortunate have this benefit.

Choosing Native Plants

*Cleveland Museum of Natural History
Botany Department*

Many native plants have adapted specifically for our area's climate and soils. They are essential parts of local habitats, offering vital shelter, food, and nesting sites for birds, pollinators, and other animals. There are also benefits for property owners who choose native species. When planted correctly, they require:

- Little maintenance
- Less irrigation once established
- No fertilizer
- Low to no use of chemicals to control pests and diseases

Your landscaping choices affect more than just your yard. Select native plants for your property and avoid invasive non-natives to boost the region's biological diversity.

Proven Winners

<https://www.provenwinners.com/>

Pam Hoffmann

Building a pollinator-friendly space doesn't have to be difficult. It can be as simple as planting a couple of containers with plants that appeal to pollinators or as expansive as providing water sources, bee and bird houses and extensive garden beds stuffed with plants that pollinators of all stripes adore. Our Pollinator Paradise tutorial has tips for attracting butterflies, bees, birds and hummingbirds and includes ideas on which colors are most appealing to specific pollinators. It also will help you create spaces for birds and bees to call their home.

We do have additional resources to help you support pollinators. One of our best tools is our **Advanced Plant Search**. This search is one of the "hidden treasures" on our website. We don't mean for it to be hidden, but you can only put so many things front and center on a website. This search gives you dozens of search options, including ways to search for plants that appeal to specific pollinators. As you find plants you love, you might want to build a My Ideas Board to collect the plants you are interested in adding to your garden. Sign up for an account with us and then place your cursor on the heart in any plant record, to save it for later use.

We also have lists of pollinator-friendly **annuals**, **perennials** and **shrubs** to give you some ideas. We hope this helps give you some ways to support pollinators of all kinds.

Mycorrhizal Fungi

Jennifer Fenderbosch

<https://mycorrhizae.com/how-it-works/>

Washington State University, Stanford and others are studying the relationship between Mycorrhizal Fungi and plants. These Fungi form symbiotic relationships with plant roots creating a network under our feet that help plants take up nutrients and give off carbon that helps the Fungi to communicate with other plants in the area. Mycorrhizal Fungi increase root biomass, improves nutrient and water uptake and improves a plants

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tolerance to stress. Last year Mycorrhizal Fungi were introduced in the Midwest and Northwest to help establish native plants. Often when garden centers sell plants they ask if you want Mycorrhizal Fungi to help prevent plant shock when you repot a plant and help establish a root system. Now you know why.

Key Benefits of Mycorrhizal Fungi



Pride Day 2019

Jennifer Fenderbosch

I am so very proud of our membership!!!! We had 27 members of ALGC and 20 volunteers from Mexichem and Church of the Open Door assist with filling 34 bags of debris, spreading 3 3/4 truckloads of Leaf Humus, 1/2 truck load of Wood Mulch and installing 19 plants in seven civic gardens in Avon Lake. WAY TO GO!!!!

National Garden Club

<http://gardenclub.org/projects/healing-gardens.aspx>

Healing Gardens for Hope and Awareness

Healing gardens are spaces to promote recovery from illness, to provide an improvement in overall well-being. These gardens incorporate both the physical and spiritual. This is nothing new... gardens have been used from ancient times as a place for healing. Now, in the last few years, gardens are being planted at hospitals, nursing homes, and hospices because patients tend to recover faster and require less medication.

Outdoor Graces

Nadge Herceg

Garden Club members Georganne Wolnowski and Susie Donovan contributed inspiring articles from the New York Times and Prevention magazine.

Here's a few snippets:

- **Get Your Hands Dirty** Being outdoors digging include around simply feels good. But science shows that the benefits include greater life satisfaction and less fatigue as well as 36% lower risk of dementia for those who garden daily.
- Research suggests that community gardens can boost social ties and a sense of community cohesion.
- **Monty Don:** A garden is a journey, one that's never perfect, never finished. I know my garden is teaching me this, and that I need to learn it, but still, I want it done and perfect. That will never happen, which I guess is exactly why I started one in the first place.
- The more birds people spotted from their windows, the lower their levels of anxiety and depression, whether or not they were able to identify the species.
- So far, I find gardening terrifying. Things can die. I keep making mistakes. I keep putting plants in spots and deciding three days later that they aren't happy there, then moving them again, then again, proving the plant to be a metaphor for my academic career. I look for the receipt to see if I can return it.
- Lend a hand for a cause you believe in and that sense of purpose and connection could drive greater happiness.

Garden Adventure

Wednesday, June 12, 2019

11:00am Carpooling Bleser Park
11:30am Lunch Sugarcreek Restaurant
1:00pm Tour Cascade Park in Elyria

Cool Creativity

<https://coolcreativity.com/garden/diy-garden-bed-edging-ideas/>



<https://coolcreativity.com/handcraft/cool-diy-flower-tower-ideas/>

