

Garden CLIPPINGS

July 2020

Avon-on-the Lake Garden Club

Plant America...share our vision

1930-2020

2020-2021 OFFICERS Avon-on-the Lake Garden Club

President	Elaine George
Vice President	Sue Newcomb
Treasurer	Jane Kozey
Rec. Secy	Anne Lyon
Cor. Secy	Georganne Wolnowski

Appointed Officers

Advisor	Jennifer Fenderbosch
Auditor	Barb Nahm
Holden Forests & Gardens	Marianne Stern
Historian	Nadge Herceg
GCO & NGC	Karen Huddle
Parliamentarian	Lois Davis
Membership	Jennie Jones
Publicity	Monica Kimmell
Ways & Means	Anita Webb

Appointed Temporary Officers

Community Council	Jennifer Fenderbosch
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Standing Committee Chairpersons

Awards	Pam Hoffmann
Benevolence	Georganne Wolnowski
Horticulture	Anne Lyon
Hostess	Colleen Wilber/Char Pulit
Inspirational Messenger	
Newsletter	Nadge Herceg
Telephone Board	
Telephone Calling List	Elaine George
Garden Therapy	Bonnie Armstrong
Website	Sue Jagoda

Civic Interest Gardens

Gazebo	Pam Hoffman/Georganne Wolnowski
Herb Garden	Coleen Wilbur
Wildflower	Anita Webb/Jennie Jones
Library Butterfly	Lillian McPherson/Bev Stives
Fence Garden	Jane Kozey/ Diana Wyrock
Beach Park Point	Barbara Nahm/Marianne Stern
Walker Rd. Butterfly	Marianne Stern/Bev Stives
Old Firehouse/OZONE	Jennifer Fenderbosch

Plant America...share our vision

President's Message

Elaine George

Happy New Year, Everyone! Fiscal new year, that is! As we put the old year behind us - safely tucked away in the archives - I want to send out a big THANK YOU to Jennifer Fenderbosch for her sure and steady leadership these past two years especially the last few months as she was guiding our club through some of the most challenging times of our era!

Thank you for so quickly finding a way to keep our club in touch with each other on ZOOM when our meetings and all events had to be cancelled. I really feel we had the right leader "for such a time as this"!

Through all the craziness, garden club members were still able to do what we do best - garden! Turns out, this was the perfect prescription. Getting outside, working in the soil, soaking up all that Vitamin D was just what was needed to help boost our immune systems. Who knew?

Going forward, we all know that we still have this pandemic to deal with and there are no easy answers as to how and when a group like ours will be able to safely meet again. Rest assured that the Board and I will not be making any hasty decisions in this area. We all want regular meetings again and enjoy each other's company. Hopefully that will happen sooner than later. But to be on the safe side, I am upgrading my ZOOM account!

At the Installation, I told you that our theme for the year will be **PLANT AMERICA - Share our Vision**. I feel this gives us a wonderful opportunity to not only celebrate the vision that our founders had for our club 90 years ago but it also illustrates our desire to share our passion and knowledge with the entire community. To that end, I am happy to report that our first project is very near completion.

We will soon be installing a Little Free Library box in the Wildflower

Garden for the enjoyment of all who visit the garden. Thank you to Sue Newcomb for building and donating the box in honor of our club's 90th anniversary and to Anne Lyon for the beautiful artwork. I can't wait for you all to see it! We will be stocking the house with -what else - gardening books! I will be making an effort to find books the whole family will enjoy. If any of you would like to donate some of your old gardening books and magazines to this cause, that would be greatly appreciated. I can't think of a better way to start the new year!

Flower Show Readiness

Jo'C Walker, Flower Show Chairman

Are we ready for our flower show on **June 16-17, 2021**? Let's look at our delay as an opportunity to have the best show ever.

We have the date and location, the type of show and the size of show, the schedule and the ribbons, and the judges. We are ready!

Let's take a look at the schedule booklet. You all know to keep your schedule. We will not be reprinting it. Please change the date on the front cover to read June 16 and 17. When you see a date in the schedule, advance it one day. Our set up day will be Tuesday, June 15 and the show on Wednesday and Thursday, June 16 & 17.

Now, let's concentrate on our horticulture and flower designs. Review the Horticulture Division in the schedule. The rules start on page 13. Take a look at your June horticulture growing in and outside of the house. Note the blooming time of flowering perennial plants and note the condition of your foliage plants. Remember that *Hosta* and *Heuchera* (Coral bells) are grown for their leaves. Some of us might have to buy some late blooming miniature and dwarf *Iris* and *Tulipa* for planting in the fall. Do an inventory. You might need a shopping trip to the nursery; which is always fun.

Don't forget to work on your planters.

Regarding our Design Division: When doing your plant inventory, did you noticed the small blooms

and small leaves? Some find it more inviting to design in the spring and summer. Our plant material selection is broader. In a few weeks, I'm going to send members a design challenge for an 8" Parallel Design. This design will be new to some. It's one of the designs in the Handbook for Flower Shows.

Don't forget to dry flowers for the Botanical Arts Division; check the subject matter in the Photography Section and take wonderful, interesting pictures.

It will be flower show time again, soon.

Top 10 Miniature Plants for Small Space Gardening

Birds and Bloom magazine

Nadge Herceg

Good things come in small packages with these plant picks.

Not all gardeners have huge expanses of backyard to work with, but luckily there are miniature plants that provide a pint-size punch of color for small-space gardens and containers. Whether you want a border with extra oomph or a container with cheerful blossoms, these tiny plants have a big impact.



1. Bobo Hydrangea
2. Soft Serve False Cypress
3. Chiquita Cornflower
4. Dwarf Mondo Grass
5. Tiny Monster Geranium
6. Show Off Sugar Baby Forsythia
7. Pixie Dwarf Alberta Spruce
8. Mighty Mouse Hosta
9. Lilac Chip Butterfly Bush
10. My Money Weigela

Log on for plant details:

<https://www.birdsandblooms.com/gardening/top-10-miniature-plants-for-small-space-gardening/>

Pressed Flowers

Jennifer Fenderbosch

Using pressed flowers to create greeting cards, gift tags, diary covers, framed art, or place mats is an old practice that is coming to light again.

First, select flowers or leaves that are delicate and thin. Select flora that is not too wet. Some suggestions: Acidanthera, Baby's Breath, Bluebells, Blue Eyes, Borage, Buttercup, Columbine, Coreopsis, Cosmos, Dahlias, Daisies, Delphiniums, Forget-me-nots, Pansies, Lily of the Valley, Queen Anne's lace, Rose of Sharon, Nicotiana, Verbenas, Zinnias, Marigolds, Poppies, Sweet pea, Mallows, Larkspur, ivy, ferns, strawberry leaves, mint, lavender and parsley.

Some of the flowers will be too thick to lay flat. Cut out the center and reassemble it.

Place cardboard down on a wood surface, then place parchment paper or typing paper. Now lay the flowers and foliage to form a picture. Cover with another piece of paper, then cardboard. Place entire item in a book or within a wooden press. Top with many books or tighten the top of the flower press. Leave in place for a month. Slowly open and lift dried flower to a storage box. Use in your next craft.

Cleveland Botanical Garden

Marianne Stern

The Cleveland Botanical Garden (one campus of Holden Forest & Gardens) was formed in 1930 and called the Garden Center of Greater Cleveland. It was formed by the Cleveland Garden Club with such familiar names as Mather, Sherwin, Williams, and Squires. It was the first in a city within our country. Affiliate Council began in 1940 and focused on programs in gardening. The focus shifted to support the mission of CBG and foster communication between Affiliate Garden Clubs and CBG. We currently have 54 clubs and a combined membership close to 2000 members. As with other non-profits, significant budget cuts and layoffs have occurred at CBG and Holden

Arboretum to offset the loss of revenue due to Covid-19. Affiliate Council is asking the Affiliate

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Garden Clubs to make donations that will go directly into HF&G's Horticulture Plant Fund (not for salaries or other operating expenses). This will enable both Holden Arboretum and the Cleveland Botanical Garden to purchase woody plants, perennials, rose replacement, nectar plants and other forms of plant life. We can choose to make a small individual or club donation (if approved). I have attached a form to this email if you choose to make a donation. CBG outdoor gardens and Holden Arboretum are open now. I visited there today to view the roses which are in bloom. I hope you will be able to visit there this summer and fall.

Red White and Blue Salad

Jennifer Fenderbosch

½ watermelon, cubed
1 small package blueberries
1 small red onion, sliced thinly
1 medium cucumber, chopped
1 (4 oz.) package crumbled feta cheese
½ cup minced fresh mint leaves
1 cup thinly sliced fresh basil leaves
1 cup minced parsley
2 limes, juiced
¼ cup extra-virgin olive oil
2 tablespoons red wine vinegar
Flaky sea salt, for garnish



Mix the lime juice, olive oil, vinegar and salt and set aside. Mix all other ingredients and toss with dressing. Chill until time to serve then toss again.

Seek and You Will Probably Find

Sue Jagoda

Ever wondered what the name of that plant, bird, insect, or any other living creature you happen to spy was? The **Seek app** from iNaturalist, a joint initiative of the California Academy of Sciences and the National Geographic Society, is an easy-to-use smartphone application that will help you find the answer. You can use the app to capture an image of the plant or critter you are curious about. If Seek knows the answer you'll get a quick reply. You

can even load in photos you've taken in the past and get an identification. I've been having fun with the app for a couple of months now. It keeps a record of your observations, and there are even challenges for you to try. It's easy enough for children to use, too, and it is kid-safe.

Log on at:

https://play.google.com/store/apps/details?id=org.inaturalist.seek&hl=en_US

Garden Club Member Spotlight

Check out articles written for the Sunday Chronicle Telegram on pets by:

Michelle Murphy

Edible Annual Flowers

National Gardening Association Charlie Nardoizzi
Nadge Herceg

While gardeners love flowers for their beauty outdoors in the garden and indoors in a vase, few raise them to eat. That's a shame because many flowers are edible and bring lively flavors, colors and textures to salads, soups, casseroles and other dishes. Eating flowers is not as exotic as it sounds. The use of flowers as food dates back to the Stone Age with archeological evidence that early man ate flowers such as roses.

Of course flowers have been used to make teas for centuries, but flower buds and petals also have been used from China to Morocco to Ecuador in soups, pies and stir-fires. [Rose](#) flowers, dried day lily buds and chrysanthemum petals are a few of the flowers that our ancestors used in cooking. In fact, many of the flowers we grow today were originally chosen for the garden based upon their attributes of aroma and flavor, not their beauty.

Some flowers are high in nutrition as well. Roses' especially rose hips' are very high in vitamin C, marigolds and nasturtiums also contain vitamin C, and dandelion blossoms contain vitamins A and C.

Eating Flowers

Any flower that isn't poisonous or causes reactions such as allergies is considered edible. However, just because a flower is edible doesn't necessarily mean

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it tastes good. Since looks have as much to do with taste as the actual flavor, beautiful flowers tend to be the ones selected to eat. But before you go munching through the flower garden and window box, there are a few criteria you should keep in mind.

- Be sure to positively identify a flower before eating it. Some flowers have look-alikes that aren't edible.
- Don't eat flowers if you have asthma, allergies, or hay fever.
- Only eat flowers that have been grown organically and have no pesticide residue.
- Collect flowers for eating in the cooler parts of the day -- preferably early morning after the dew has evaporated --- or later afternoon.
- Choose flowers that are at their peak, avoiding those that are not fully open or are starting to wilt.

Some Great Edible Annual Flowers

Here's a table of common edible, annual flowers that are easy to grow and tasty to eat. Included are a number of herbs and vegetables that have edible flowers as well as leaves and fruits:

https://garden.org/learn/articles/view/2761/?utm_source=nl&utm_medium=mail&utm_campaign=nl_2020-07-04

Congratulations 2019 GCO Award Winners!

The following awards are presented this year. Thank you to all the clubs that submitted entries and to the entire Awards Committee for their hard work.

Photography Awards:

Sue Jagoda: HM Butterfly close-up

Anne Lyon: 2nd My container garden; HM Floral arrangement; HM Table Design; HM Small or miniature design

2020 Perennial Bloom Award

Lillian McPherson, Avon-on-the-Lake Garden Club

Our recipient started her long, illustrious Garden Club career in 1993 with a major Standard Flower Show victory, winning the award for the *Best Petite Arrangement*. She observed for a year to “learn the ropes”, which is the only year she was not an officer or a board member.

A quick overview of Lillian’s contributions to the Avon-on-the-Lake Garden Club:

- **1995 - 1996** -- *Recording Secretary*
- **1997** – *Conservation, Horticulture, Birds and Books Chairperson*
She was known to bring unusual plant exhibits to the General Membership Meetings to talk about their growing habits. She also alerted the Garden Club to the world-wide decrease in the frog population, which was of great concern to the environment.
- **1998** -- *Vice President* in charge of programs.
Horticultural Award of Excellence and *Award of Merit for a Houseplant* in Avon-on-the-Lake Garden Club’s Standard Flower Show
- **1999** -- *Avon-on-the-Lake Garden Club President*
Her presidential project was the revitalization of the two northern quadrants of the I90-route 83 intersection. Working with Ohio Department of Transportation, the club was tasked with pruning 30 trees, and fertilizing and mulching the tree circles. The following fall, daffodil bulbs were planted, with the help of Key Club members.
- **2000** -- Working with the City of Avon Lake, she led the project to install a *sprinkler system* for the Avon-on-the-Lake Garden Club’s major civic gardens in Miller Road Park. The Garden Club covered the cost of \$1500.
- **2001** -- *Hostess Chairperson*
- **2002-2004** – *Cleveland Botanical Gardens Chairperson* and *Conservation, Horticulture, Birds and Books Chairperson*
- **2005** -- *Hostess chairperson*
- **2006** -- *Historian*
- **2007** – *Garden Club of Ohio Representative, and Historian*
- **2008** -- *Garden Club of Ohio Representative*
- **2009** -- *Vice President* in charge of programming
- **2010-2011** -- *Historian*
- **2012 - 2014** -- *Conservation, Horticulture, Birds and Books Chairperson*
- **2014** -- Present -- Urged the club to support the *Garden Club of Ohio President’s Project “Wings to Fly”* focused on monarch conservation. The club expanded and revitalized the Avon Lake Public Library’s *Monarch Butterfly Garden and Way Station*, which is enjoyed by the community.
- **2015 - 2020** -- *Chairperson of the Monarch Butterfly Garden/Way Station and Bumble Bee Garden*
- **2016** -- *Award of Merit for Floral Design* in Avon-on-the-Lake Garden Club’s Standard Flower Show.
- **2017 -2020** – Committee member on the *Right of Way Tree Lawn Committee*, advising on recommended plants
- **2018** – Committee member to *Update Job Descriptions*
- **2020** -- Co-chair of *Monarch Butterfly/Way Station and Bumble Bee Garden* at the Avon Lake Public Library.



Although a flower is the standard gift newly installed Presidents give their newly installed board members, Lillian gave each an oxalis bulb, marking her as a creative person who marched to her own drummer. At the May Annual General Membership luncheon, as outgoing President, she treated the members to **wine she had made herself**, again proving her originality.

Over the years Lillian has served the Avon-on-the-Lake Garden Club with her own brand of southern charm. Through **dedication, grace, and creativity** she enriched the Garden Club experience for all of us. As Awards Chairman, Pam Hoffmann awarded **Lillian McPherson** with one of the Garden Club's highest awards, ***The Perennial Bloom Award***. At a later date, she will select a plant at one of the Civic Gardens that will be labeled, "***A Perennial Bloom award in celebration of Lillian McPherson***". Congratulations, Lillian for leading by example. You are an inspiration for all.

Avon on the Lake Garden Club 2020-2021 Programs

- | **September 3:** Historic reenactor Ruth Pangrae, Women in History, Eleanor Roosevelt, Victory Gardens
- | **October 1:** John Schwartz of Lorain County Soil & Water Conservation, Rain Gardens
- | **November 4:** Master Gardener and ALGC member, Bev Stives, Monarchs
- | **December 3:** Legacy, program to be announced
- | **2021**
- | **February 4:** Master Gardener Kim Hawkens, Shade Gardening
- | **March 4:** Master Gardener JoAnn Bartsch, Spice Up Your Garden with Herbs
- | **April 1:** National Garden Club's Flower Show Judges and ALGC Members Jo'C Walker and Judy Morley, Review for Flower Show with Flower Design, Horticulture and Decorative Arts
- | **May:** Field Trip to be announced
- | **June 3:** Installation of Officers, Ohio State Botanist Ann Channon, Day Lilies

Awards 2020

Pam Hoffmann

In the summer of 2019 President Jennifer and I met to discuss the awards we could consider for the year. It was assumed that we would be applying for awards in 2020 after our spring flower show. Sometime later, because of the corona virus, it was determined that the show would be postponed one year and many other Garden Club activities were suspended. We, therefore will hold the bulk of our award applications until next

year, but we did take second place with our yearbook and some have been won by our photographers but have not been announced yet.